
EMOTIONALLY HEALTHY SPIRITUALITY

WK 6 – ENLARGE YOUR SOUL Matthew 26:36-46

_____ lead to _____.

_____ ways to deal with grief & loss:

- _____ of it
- _____ it
- _____ it

_____ ways to deal grief & loss:

- _____
- _____ to _____

Grief & loss _____ our _____ -
_____.

Deep grieving _____ our souls of _____
and creates more space for _____.

_____ is at the _____ of this journey.