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# EMOTIONALLY HEALTHY SPIRITUALITY

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## WK 8 – GROWING UP IS HARD TO DO

Philippians 3:7-16, 1 John 4:20

\_\_\_\_\_ frees us up to  
take the \_\_\_\_\_.

Maturity begins with \_\_\_\_\_.

To experience \_\_\_\_\_ in Christ, we  
must \_\_\_\_\_.

We \_\_\_\_\_ the \_\_\_\_\_ of \_\_\_\_\_ by:

1. Learning to \_\_\_\_\_.
2. Learning to \_\_\_\_\_.
3. Learning to \_\_\_\_\_.
4. \_\_\_\_\_ of \_\_\_\_\_.